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Students' Self-Reflection Questionnaire Developed by Italian Teachers working with Prof- Olga Bombardelli & Marta Docato within the Framework of the PREDIS Project. The Original Italian Version is an online version which is available From the link below:

<https://docs.google.com/forms/d/e/1FAIpQLScCvKWlrYn1eUYTc0zan17rVldxzrIhArTSAjKXT137czxNFw/viewform?c=0&w=1>

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Students' Self-Reflection Questionnaire: Wellness in the School Context

Hey Hello!

I wanted to tell you that this questionnaire is absolutely anonymous, so you can answer with the utmost sincerity! :)

It aims to make you reflect on your relationship with the school environment in order to improve it!

You can fill out the parts you want and then discuss it with the teachers.

Your collaboration is essential!

Place and date -----

Year of Birth -----

1.2 Is this questionnaire filled in by a boy or a girl?

Boy

Girl

1.3 Do you feel comfortable in the class?

Yes

Not always

No

1.4 Where were you born?

District where my school is located

Country / city where my school is located

Location distant from 10 to 50 Km

Location distant from 50 to 100 km

Location distant more than 100 km

Outside Italy

1.4.1 If outside Italy, where?

Your answer: -----

1.5 How long have you lived in the place where you live now?

From 1 to 12 months

From 1 to 5 years

From 5 to 10 years

Since I was born

1.6 Where do you live?

- District of my school
- Country / city of my school
- Location distant from 5 to 10 km
- Location distant from 10 to 20 km
- Location distant more than 20 km
- I do not know

1.7 Do you have any brother or sister, friend or friend who attended school before you?

- Yes
- No

1.8 What class do you attend?

Your answer-----

1.9 Do you like going to school?

- Yes
- Not always
- No

1.10 Do you practice sports?

- Often**
- Sometimes**
- Seldom**
- Never**

1.10.1 If so, please specify which ones

Your answer -----

1.11 Do you belong to some association?

- Cultural / educational group (scout, choir, etc.)
- Volunteer group
- Religious group
- Sports group
- Other (specific)

1.12 How do you spend your free time?

- I'm going out with friends
- I go to dance

Listening to music

Other:

1.13 Do you read newspapers or the Internet / listen to news?

2. Wellbeing in the School Context: School and Teachers

2. My school and my teachers

2.1 Do you feel at ease at school?

In no way

1

2

3

4

5

Very much

2.2 Do you feel comfortable with the teachers?

1. No

2. Very

2.3 Do you fully understand the explanations of the lessons?

Indicate from a scale of 1-5 with 5 being the highest and 1 the lowest.

Very much

1.

2.

3.

4.

5.

Never

2.3.1 If not, why?

They explain too fast

Language is too difficult

The concepts are too complex

The companions distract me

I have other concerns

Other:

2.4 If you are not Italian, have you followed Italian language courses?

Yes

No

2.5 Where did you start your studies?

This country / city
Country in this province
In the rest of Italy
Abroad

2.6 When you can not do a task

I insist on reaching the goal
I ask someone for help

Abandonment

2.7 If your school gives you the chance to stop in the classroom to do your homework, what would you do?

I would not do it, I prefer to study at home alone
I would do it, the presence of others motivates me to study
I do not know

2.8 Does recreation help you learn more about classmates / school?

Yes
Enough
No

2.8.1 What do you do during recreation?

Study, I fix my homework
I eat
I chat
Other:

2.9 Trips, educational visits organized by the school are an opportunity for

Knowledge of other companions
Pass the time in a valid way
Waste of time
I prefer not to go there
Other:

2.10 The teachers help you if they see you in difficulty

Yes, always
Only sometimes
Never
They do not notice it

2.11 Do you get along with the teachers?

- Yes
- Not always
- No
- With the majority
- With the minority

2.12 I believe that the teachers have an image of me:

- Negative
- Neutral
- Positive

2.13 Do you think that the teachers have prejudices against some students?

- Always
- Sometimes
- Never

2.13.1 Why?

Your answer-----

2.14 How much do your teachers get you involved during the lesson?

- Nothing
- Enough
- Very

2.15 When you need clarification from your teacher (eg on the lesson) what happens?

- I ask
- I ask my partner
- I do not ask
- The teacher notices and clarifies

2.16 In case of need (panic, bullying, etc.) do you express your difficulties to the teacher?

- Never
- Sometimes
- Seldom
- Always

2.16.1 If you do, how are they accepted by the teacher?

Available to listen to me and help me
Available to listen to me, but not to help me
Not available
It depends on the teacher

2.16.2 If you do not do it, why?

Shyness
Fear
Little confidence in me
Little confidence in the teacher
Other:

2.17 Are teachers fair to all students?

Yes
No

2.18 Do you work in a group in class?

Never
Sometimes
Seldom
Frequently
Always

2.19 How do you prefer to work?

Alone
In pairs
In group

2.20 Have you attended support courses?

Yes
No
Sometimes
I have no problems in any subject

2.21 Is your class united? Is there solidarity between the comrades?

In no way
Some times
Many times
Different groups mixed together
Some people are excluded.

2.22 If so, what are the consequences of mutual respect and help?

I go to school easily
I do things better
I am stimulated to learn

Other:

The well-being in the school context my family / my significant adults

3.1 With whom do you live?

In the family, with the parents

With a parent

In a community

In a self-contained apartment

Other:

3.2 How much time do you spend with your family/significant adults?

Shortly

Enough

Very

3.3 Are you willing to come back home?

Yes

Sometimes

No

3.4 Do you have a good relationship with your parents / significant adults?

Indicate how do you rate the relationship on a scale of 1-5, with 1 showing the poorest relationship and five the best.

Poor

1

2

3

4

5

Best.

3.5 Indicate which value is given to the study by your reference parents / adults

Null

1

2

3

4

5

High

3.6 Which of the following media are used more in your environment?

Television
Radio
Newspapers
Books
Internet
Cell phone
None
Other:

3.7 Where was your mother born? (Specify the city, country, if you like to answer this question)

Your answer is optional: -----

3.8 Where was your dad born? (Specify the city, country)

Your answer is optional:-----

3.9 What language is spoken at home?

Italian
Dialect
Other:

Wellbeing in the School Context: Companionships, Support Networks

4. My companions

4.1 Do you get along with your classmates?

Hardly

1
2
3

Very

4.2 Do you have a good relationship with your school friends?

Bad

1
2
3

Very

4.3 Do you happen to be in conflict with some classmate?

Yes

No

4.3.1 If so, why?

Your answer-----

4.3.1 Do you make fun of your friends?

Never

Often

4.4.1 If so, why?

Your answer-----

4.5 Do you feel marginalized (left out or treated differently) in the classroom?

Never

1

2

3

Often

4.5.1 If so, why?

Your answer-----

4.6 Do you meet, out of school, other students of your school?

Never

1

2

3

Often

4.7 Do you feel threatened by the presence of young people of an ethnicity / culture different from yours?

Yes

No

4.8 Have you ever used a joke or a saying with the intention of offending a person or a group (by origin, appearance, clothing, religious affiliation, habits, etc.)

Never

1

2

3

Often

4.9 In your free time, do you happen to attend some people from a class / school / ethnic / cultural / nationality different from yours?

Never

1

2

3

Often

4.9.1 If so, in which places?

Aggregation centers

Afterschool

Gym

Park

Coffee

Other:

4.10 If you stay away from school for a few days, how many comrades do you feel you can ask for homework?

Nobody

1 person

From 1 to 3

More than 3

Through the whatsapp group

Through the institutional website

Other:

4.11 Do you give help to your classmates?

Never

Sometimes
Often
It depends

4.11.1 If you answered "depends": what does it depend on?

Your answer-----

4.12 Are there troubled boys or girls in your class (for any reason)?

Yes
No

4.13 In your school, are there cultural exchange projects with other schools / countries?

Yes
No
I do not know

4.14 Free observations (any additional comments you would like to add)

Your answer-----

Thank you for filling out the Questionnaire!

You can now submit.